

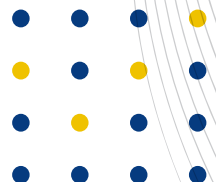


الجامعة الوطنية - السودان
National University Sudan

National University-Sudan Progress Toward SDG 3

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National University-Sudan Progress Toward SDG3 (Good Health and Well-being)

Introduction:

National University – Sudan (NUSU) continues to advance its commitment to Sustainable Development Goal 3 (Good Health and Well-being) by embedding health promotion into the core pillars of its mission - education, research, operations, and community leadership. Guided by a systematic four-step framework, the university strives to create a culture of wellness, resilience, and social responsibility, even amidst the challenges of war.

1. Community Initiatives and Outreach NUSU demonstrates remarkable dedication to community services through preventive and therapeutic programs offered across its main and satellite campuses - in Khartoum, Port Sudan, Cairo, and White Nile.

Despite wartime disruptions, the university sustained its outreach efforts, providing free medical and dental services in collaboration with local governments and NGOs. Through their scientific and student associations, students have actively participated in awareness campaigns, health days, and medical convoys, extending essential care to underserved populations since 2015.



Evidence of impact includes: On-Campus Engagements: Regular health days, blood donation drives, and mental health awareness sessions.



Off-Campus Activities: Community outreach clinics, maternal health campaigns, and mobile dental services. "Even in times of hardship, NUSU's commitment to serving humanity stand as a sample of hope and solidarity."





2. **Capacity Building and Ownership:** The university invests heavily in empowering its academic community through continuous learning. The Center for Professional Development (CPD), in collaboration with various faculties and international partners, offers open-access training programs that enhance professional and personal growth.



Key initiatives include: **Health Workforce Training:** Preparing future doctors, nurses, and mental health professionals to address the global health workforce shortage by 2030.



Healthy Lifestyle Promotion: physical fitness facility in the main campus, nutrition, hygiene, and mental well-being for students and staff

Professional Development: Training on research methods, presentation and communication skills, proposal writing, technology in education, and academic publishing. NUSU's CPD reports reflect increasing participation, stronger academic performance, and broader community impact.



3. Research and Innovation for Health Research remains at the heart of NUSU's progress toward SDG 3.

<https://nu.edu.sd/publications/>

The university focuses on applied and community-based research that addresses pressing public health challenges such as infectious diseases, maternal and child health, and healthcare access in underserved areas.

Key achievements include:

- Strategic partnership and collaboration.
- Innovation Hubs: Supporting student-led initiative in all aspect.
- Policy Contributions: Providing technical advice to state government
<https://nu.edu.sd/wp-content/uploads/2025/11/nud1.pdf>
- to local and national health authorities to guide evidence-based policy.
- Collaborative Research Networks: Partnerships with scientific councils, regional universities, and international research bodies.

Key measures include:

On-campus health and counseling services for students and staff.

Smoke-free and substance-free policies.

<https://nu.edu.sd/wp-content/uploads/2025/08/Manual.pdf>

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Healthy food options and green recreational spaces in the campus promoting well-being.



These efforts ensure that every student and staff member at National University-Sudan thrives in an environment that promotes both physical and mental health.

4. **External Leadership and Partnerships;** The university actively leads and participates in multi-sectoral collaborations that amplify health and well-being beyond its walls. Through partnerships with local authorities, NGOs, private organizations, and international networks,

NUSU contributes expertise and resources to joint projects that strengthen public health systems and resilience. The university's inter-sectoral alliances ensure shared learning, collective impact, and sustained progress toward the SDGs.

<https://nu.edu.sd/international-cooperation-agreements-in-education/>

<https://nu.edu.sd/memorandums-of-understanding/>



Conclusion and Inspiring Message:

National University – Sudan stands as a model of resilience, compassion, and academic excellence. Through education, service, and innovation, the university transforms challenges into opportunities to build a healthier, more equitable society. “Health is the foundation of peace and progress.

At NUSU, every student, staff member, and partner is part of a collective journey to heal, empower, and inspire communities