

FACULTY OF  
PHYSIOTHERAPY



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Undergraduate & Graduate  
**PROSPECTUS**  
National University - Sudan  
5<sup>TH</sup> EDITION JULY 2024 - JUNE 2028

## **National University**

*5<sup>th</sup> Edition July 2024 - June 2028*

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*A. Title*

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# Welcome

## Note from The President of NUSU

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This is the 5<sup>th</sup> Edition of the PROSPECTUS of the National University-Sudan (NUSU). In this document registered students will find information about the mission, vision and values of NUSU, and all programme details and activities. This edition includes both UNDERGRADUATE and GRADUATE course outlines. NUSU aims at high-class education in medical, technological and social sciences. This is reflected in this comprehensive outline. It describes the basis of NUSU's educational philosophies, programme objectives including the characteristics of the graduate, strategies and methods, degree structure, semester duration and credit hour load, and brief outline of content. This represent a narrow window into the complex organization of NUSU. More information on the rationale of modules, behavioural objectives, and assessment can be found in the curriculum of each Faculty. The calendars, year plans and timetables are issued for each semester with the exact dates for teaching sessions, other learning opportunities, assessment, feedback, and holidays.

NUSU is now 19 years old. It is still developing, and trying to set traditions of availing all activities in its publications, that may remain relevant for 3-4 years, before new editions are issued. The councils and committees of NUSU, while compiling this, are drawing their experience from lo-

cal and worldwide, up-to-date educational practices. Concurrently, other documents (Student Manual, Staff Handbook, Induction packages, and policies and procedures) are re-written and updated, in view of the emerging concerns about student welfare, environment, students with special needs, and virtual online educational resources.

There is a strong focus on synergy between modern education, developmental needs, and employment market requirements. This has laid down a wide area of maneuvers in the choice of specific disciplines and modules. In each discipline, a detailed career advice has been added in this edition to show students the opportunities available if they choose to be employed or opt to start their own business to employ others.

The reputability of NUSU has attracted students from about 25 countries and all continents. This representation requires quality of premises and services, as well as understanding of diversity, inclusiveness, and considerations for non-discrimination in the educational activities and campus life. International students and the Sudanese students whose families are living outside Sudan, receive special induction, supervision, and directives by the Deanship of Student Affairs, and regular courses shown in this prospectus as Sudanese Studies.

It is my pleasure to invite all qualified students to join NUSU's exciting new and innovative educational programmes. Students, parents, and sponsors are welcome to visit the campus. They will receive guidance from the HELP DESK at the Main Gate. They will be escorted to buildings and connected with the leadership of the university or faculties. Our primary target is to create guest satisfaction. Your comments and feedback are important for us to continue improvement to meet our goals.

Last, but not least, we would like to invite our higher education colleagues, inside and outside the Sudan, to read this publication. Our special request: please have a critical look at this and show us our faults. You may suggest means of correcting them, and tell others about the positive and bright spots of this attempt. Your advice will be highly appreciated.

**Prof. Qurashi M. Ali PhD, MD, FRCPE**  
President, National University, Sudan

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# WHAT IS THE NATIONAL UNIVERSITY?



## 1. MISSION, VISION AND VALUES

The **VISION** of the National University is to be a world-class leading provider of private higher education in the Sudan, in the aspects of elegance of environment and structures, excellence of curricula and learning strategies, quality of management systems, commitment of investors and employees to customer satisfaction (students, relatives, and regulators), distinguished graduates in academic achievements, general ethical standards, and concern with professionalism and original research production.

The **MISSION** is to: (1) constantly strive to provide efficient and best-in-class professionals, in their specialties, (2) meet and exceed our customer needs and expectations, and (3) stay ahead of the competition by creating safe and rewarding workplace facilities and innovating new quality output, services, and relationships in transparent, honest, and fair business.

The **VALUES** are: (1) obligations to treat the public and one another with personal and professional integrity, consideration, and mutual respect, (2) commitment to honesty, truthfulness, respect for human dignity, and professional ethical behaviour, (3) fair treatment of all citizens and employees, with no discrimination on the basis of morphology or ideology (4) promotion of democratic values, hard work, perseverance, commitment to success, accepting responsibility and accountability for one's conduct and obligations, and (5) creating and maintaining a respected reputation and positive image in the community as a trusted partner through excellent care of the individual and family, and responsibility towards the community and environmental problems and concerns.

## 2. DOCUMENTS

The legal documents of the University include: (1) the University Charter, (2) Academic Regulations (3) Rules of Activity and Conduct (4) Study Fees' Regulations, (5) Employment Regulations, (6) National Employment Penalty Regulations, (7) Contracts and Salary Scale, (8) Job Descriptions, (9) Staff Handbook, (10) Students' Manual, (11) Quality Manual, (12) Teaching, Learning and Assessment Policy, (13) Prospectus and Curricula, (14) Organizational Chart, (15) Committee Structure, (16) Log-books of students' skills and activities, (17) Year Plans, (18) Academic Calendars, (19) Programme Evaluation Forms, (20) Portfolio of Architectural and Structural Designs of Buildings, (21) External Examiners' Appointment, Reporting and Response documents and (22) numerous policies and procedures in areas of quality, safety, and non-discrimination.

### 3. BOARD OF TRUSTEES

The Board of Trustees (BOT) is formed according to the Charter to include the investors, the academicians, the representative of the Ministry of Higher Education, and public figures of interest in education or eminent individuals involved in social accountability issues of universities. The current BOT is chaired by Dr. Taha Eltayeb A. Elimam, and includes in its membership: Prof. Qurashi M. Ali, Dr. Amin O. Sidahmed, Dr. M. Sirelkatim Ali, Prof. A-Rahman Osman Beeri, Prof. Osama A-rahman Elamin, Eng. M. Awadelkarim Elgasim, Dr. Saad Subahi, Dr. Elhadi Bakheet, Eng. Yousif A. Yousif, Prof. A-Moneim Algousi, Dr. Ismail Qurashi, Prof. Hassan M. Ali, Deans of faculties, and representatives appointed by the Ministry of Higher Education and approved by the President of the Sudan.

### 4. RIGHTS

#### 4.1 GENDER RIGHTS

Throughout this manual (and the webpage) every effort has been made to use he/she, his/her, him/her. It may not be possible to assure that this fair use has been consistent. Any such unintended mistake should be taken to mean both sexes. Females have been addressed in situations of special concerns, in gender-specific issues, mainly out of respect for their specialized roles.

#### 4.2 EXCLUSION OF LIABILITY AND DISCLAIMER

Throughout this manual (and the webpage) every effort has been made to ensure that expert, accurate, and up-to-date guidance has been included. The administrative and academic authority continuously updates the NUSU data and academic regulations to satisfy the emerging needs, more quickly than publications would reflect. Approved changes are shown at the official noticeboards of the University. Accordingly, neither the Ministry of Higher Education, nor the NUSU administration, shall be liable to any person or entity with respect to any loss or damage caused or alleged to be caused by the information contained or omitted from this manual (or the webpage).

#### 4.3 COPYRIGHTS

- a. The curriculum timetable and course details resemble many of those (or may contain parts) in other colleges in which the "President of NUSU" has been the main or essential member in the bodies responsible for curriculum design and evaluation. In many institutions he has been one of the driving forces for innovation. These institutions include: University of Gezira (Sudan), Sultan Qaboos University (Oman), Omdurman Islamic University, Alzaeim Al-Azhari University, University of Medical Science and Technology, African International University, National Ribat University, Al-Razi University (Sudan), and Al Qassim University (Saudi Arabia). Major innovations have been added to improve on the experience of the above institutions. This manual (and the webpage), in addition to comprehensive compilations in each program document (to be given to each student) is an entity of its own. Therefore, the total set of details, which is not available in any other institution so far, may not be



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- b. The teaching material available in the webpage, and other published material in the University notes, is original and should not be reproduced for commercial use, in any form without written permission of the National University- Sudan. Non-profitable teaching purposes are allowed. Our teachers and colleagues, who are mentioned in the "Acknowledgements", are free to use this material because it is all from them, we could not single out what is ours from theirs.

## 5. ENTRANCE REQUIREMENTS

- A. Applications must be through the Ministry of Higher Education (Sudan) Admission Directorate, based on passing a fresh Sudan (or equivalent) School Certificate or equivalent qualification (please see relevant booklets provided at that office). Older 5-10 years' School Certificates may be considered, if vacancies are there, and details are approved by the Admission Office. The newly introduced online application dismiss disqualified applicants automatically.
- B. Direct applications are welcome, but will be entered online by the University to the Admission Directorate for approval.
- C. International applications will be processed similarly, but candidates are advised to follow the application procedure in the webpage, and wait for a response, before arriving in the Sudan. The NUSU Administration takes 5 working days (after receipt of application) to finalize acceptance. Electronic communication is preferred. For security reasons. A student who is granted acceptance by the NUSU will NOT be allowed by the Ministry of Internal Affairs to transfer to any other university after arrival, except after studying and passing, at least, one academic year..
- D. Mature students qualified with a previous health science professional degree may be considered. In this case early application is recommended (6 months before national intake in September every year), because of the time it may take for the approval of the School Certificate by Ministries of General Education and Higher Education, Sudan.
- E. Final decision on acceptance depends on the results of an interview to confirm if the student has the aptitude to join a specialty, and is free from physical and psychological inabilities that are not compatible with the responsibilities of a specific or hardship profession. But individuals with special needs are welcome and will find NUSU a conducive environment of values against discrimination.
- F. Transfer NUSU from other universities may be considered for enrollment in Semesters 2, 3, 4 or 5 only, based on the approval of the General Directorate of Admission in the Ministry of Higher Education.

## 6. STAFF AND RECRUITMENT

Academic and administrative staff interested in joining the National University-Sudan, may show their intention by filling the e-recruitment form included in the webpage. A response will be sent

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by e-mail within 48 hours, and further instructions will follow. Appointment of academic staff is based on academic excellence in the areas of research and teaching. Academic applicants with no research records or grants will not be considered for full-time positions in this university. Full- and part-time staff list may be looked up in [Academic Staff](#) section of the webpage.

Applicants interested in joining other private educational institutions in the Sudan can reach them through our web-page. The [employment conditions](#) and [salary scale](#) are not (currently) available in this manual or website.

## 7. LOCATION AND MAPS

A. The Country: The best advantage of this National University is that it is located in Sudan, an Afro-Arab country with rich human and natural life resources. The inhabitants are either Arabs or Africans.. The Sudan educational institutions are known, worldwide, for their academic excellence, ethical heritage and professional teaching perfection. A Sudanese national, wherever he/she may be is unique in considerateness, courtesy, and hospitality. In almost 80% of the country, it is the safest in the world. A single lady can jog in Khartoum, or any other city, in the middle of the night unbothered. Sudanese abide voluntarily by strong moral codes and respect for females as foreigners. The media-nourished concepts of North-South or West-East conflicts have largely exaggerated the reality. The color of people has no significance in this country, maybe the only country in the world where color has never and can never be a real cause of conflict. Media are prototyping other countries' dilemmas on a local setup that has got some developmental problems. It is interesting that the Arabs in this country are mainly non-white, and the non-Arabs are not necessarily black, contrary to what the media have publicized. The luckiest person in the world, any moment, is the one who has been received by a Sudanese host.



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- B. The City: The capital is Khartoum, a city made up of three cities striding the White Nile, Blue Nile as they join to form the River Nile. This has given it unique panoramic landscapes and scenery. There are about 4-6 million inhabitants, mostly in traditional houses, known for their spacious yards. Khartoum city is the official capital crowded with governmental offices, ministries, embassies and international organizations. There are some affluent districts where the price of a house may be as expensive as in New York or Tokyo, and other areas of modest housing. Therefore students have a wide range of choice. Transportation used to be a problem, now it is quite easy, but still, students are advised to find accommodation as near as possible to the University premises.
- C. Premises and Environment : (See map). The National University permanent building is located in the Eastern part of Khartoum called Al Raqi District, near the Khartoum-Medani Highway, in an affluent newly established residential area. This region has an interlacing and frequent network of transport, yet the wide roads give no impression of crowdedness, or noise pollution. This accessibility is an invaluable asset for an educational institution. The University block, a purpose-built structure, assumes a masterpiece of architectural innovation (see pictures). The National University is open to students and staff for 18 hours on weekdays and 6 hours on weekends. The library, self-directed learning facilities are available for registered students and staff. Limited access to research laboratories is allowed for certain students who are involved in staff's research projects. Certain sport facilities (Basket- ball and volleyball) are within the premises. In-door recreational facilities are available in the Cafeteria. The source of pride for the University is the design of its beautiful, environmentally friendly, and durable facilities that support its mission. Students and employees are expected to respect and work towards achieving that. Directives from them to their visitors are very important to maintain and improve the level of standards of perfection we intend to reach. There are few similar, or near, buildings of excellence of space and quality, so far, in higher education institutions in the Sudan.
- A 10-floor teaching hospital building stands next to the main University block and accommodates over 300 beds with full tertiary care facilities. A 5-floor building accommodate the Faculty of Engineering. NUSU owns a 35000 M2 area in Albagair Suburban Area, in which a new campus is being built. It includes a rural hospital.

## 8. PROGRAMME FEES

A list of tuition fees is published by the MHESR every year. Private institutions keep updating such list, but a student accepted in one particular academic year will NOT be charged with the fees published for fresh students. Fees cover teaching and administrative activities of the University including laboratories and in-campus training. Accommodation and food subsidies are NOT included. Transportation to and from the University or off-campus training sites is NOT included, but the University tries to provide that for selected activities. Additional fees are variable for compensations of absence or failure. Students pay for all courses Training outside the campus and examinations [substitute or supplementary], scheduled in the Summer or Holidays, based on the credit hour load of the courses. Fees for such compensations are usually not published in Academic Calendar, but requested by students or their sponsors.





## Background

The Faculty of Physiotherapy at the National University of Sudan offers comprehensive undergraduate programmes designed to equip students with the essential knowledge, clinical skills, and professional competencies necessary for effective practice in the field of physiotherapy. The programmes are aligned with national and international standards, ensuring graduates are well-prepared to meet the diverse healthcare needs of the Sudanese population and beyond.

The Faculty of Physiotherapy at the National University of Sudan is committed to advancing physiotherapy education through curriculum development, research, and community engagement. Graduates are expected to become pivotal contributors to the healthcare system by improving patient outcomes, advocating for rehabilitation services, and participating in multidisciplinary teams.

The integration of modern technology, evidence-based practices, and a focus on community-based rehabilitation positions the Faculty as a leader in physiotherapy education in Sudan, with a vision to expand postgraduate and research opportunities that align with global standards.

## Our Vision

To establish a premier center of excellence in physiotherapy education, nurturing ethically grounded, community-responsive, and innovative professionals dedicated to advancing health outcomes both locally and globally.

## Our Mission

To develop competent, compassionate physiotherapists who integrate scientific knowledge with clinical skills, uphold ethical and culturally grounded practices, and continuously advance

the profession through innovative education, research, and community-focused service.

## Our Objectives

- Integrate professional ethics and Sudanese cultural heritage into all aspects of physiotherapy practice and education.
- Cultivate strong communication and interpersonal skills to effectively engage with patients, families, and multidisciplinary healthcare teams.
- Encourage active community involvement in identifying health challenges and implementing sustainable solutions.
- Enhance healthcare delivery by providing high-quality physiotherapy services and contributing to systemic improvements.
- Ensure graduates are proficient in digital tools and technologies for patient documentation, data analysis, and professional presentations, aligning with global healthcare standards.

## Departments:

- Basic Medical Sciences
- Basic physiotherapy sciences
- Orthopedics physiotherapy
- Neurological physiotherapy
- Pediatrics physiotherapy
- General Surgery and Burn Physiotherapy
- Obstetrics and gynaecology
- Cardiopulmonary and geriatric Physiotherapy

## Curriculum

### Bachelor of Science in Physiotherapy (BSc.)

- Total Credit Hours: 154 Credit Hours
  - Duration: Eight Semesters (Four Years)
  - Programme Structure: The curriculum integrates foundational sciences, clinical practice, and specialised physiotherapy disciplines, emphasising evidence-based practice, patient-centred care, and ethical standards.
  - Professional Accreditation: Graduates are accredited as Physiotherapy Technologists by the Health Professions Council of Sudan, enabling them to
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practice independently within the scope of physiotherapy practice.

- **Postgraduate Pathways:**

Students have the opportunity to pursue postgraduate studies, including specialised micro-subspecialisations within physiotherapy such as cardiopulmonary, neurological, pediatric, musculoskeletal, and sports physiotherapy.

Furthermore, graduates can advance to obtain Master of Science (M.Sc.) or Doctor of Philosophy (PhD) degrees, qualifying them for academic positions, research roles, and teaching positions within the Faculties of Physical Therapy and Rehabilitation.

### Curriculum Highlights:

The programme emphasises clinical competence through internships and practical training in hospitals and rehabilitation centers. It also fosters research skills, critical thinking, and ethical patient management.

### Physiotherapy Diploma (PTD)

- **Total Credit Hours:** 121 Credit Hours
- **Duration:** Six Semesters (Three Years)
- **Program Focus:** Designed to prepare students as Physiotherapy Technicians, this diploma program provides foundational knowledge and essential clinical skills necessary for supporting physiotherapists and delivering basic physiotherapy services.
- **Professional Accreditation:** Graduates are recognised as Physiotherapy Technicians by the Health Professions Council, authorised to perform supervised physiotherapy interventions under the guidance of licensed physiotherapists.

### Programme Components:

The curriculum combines theoretical coursework in anatomy, physiology, and basic physiotherapy techniques with practical training in clinical settings to ensure graduates can deliver quality patient care at a technician level.

### Career Pathways:

Graduates can work in hospitals, clinics, and community health centers, providing essential physiotherapy services and supporting rehabilitation efforts across diverse healthcare environments.

## Administration

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**TIMETABLE****Semester 1 [24 CHs- 16 weeks]:**

	Title	Code	Weeks	Units			CH
				Th	Tut	Prac	
1	Orientation		-	-	-	-	-
2	Physics for Medical Equipment & Investigation	ME-PHYS-115	Long.	2	-	-	2
3	English Language -1	ME-ENG-113	Long.	2	1	-	3
4	Computer Science -1	ME-COMP-116	Long.	1	-	1	2
5	Medical terminology 1	PT-TERM-125	Long.	2	-	-	2
6	Cell biology	PT-CELL-110	Long.	2	-	1	3
7	General chemistry	PT-CHEM-111	Long.	2	-	-	2
8	Basic biochemistry	ME-BIOC-118	Long.	2	-	-	2
9	Genetics & Molecular Biology	ME-GET-119	Long.	2	-	-	2
10	Human Body Structure and Function	PT-NAT-126	Long.	3	1	2	6
Total			16	18	2	4	24

Examination of longitudinal courses (+re-sits)

1weeks Courses or examina-

tions for late comers and failures

**Semester 2 [24 CHs- 16 weeks]**

	Title	Code	Weeks	Units			CH
				Th	Tut	Prac	
1	Biochemistry ( Metabolism )	PT-BIO-121	Long.	2	-	-	2
2	English Language -2	ME-ENG-123	Long.	2	1	-	3
3	Behavioral Science	ME-BEHAV-129	7	2	-	-	2
4	Introduction to Medicine & Medical Education	ME-EDU -114	5	2	-	-	2
5	Introduction to Medical Ethics	ME-ETHIC-313	4	2	-	-	2
6	Computer Science -2	ME-COMP-124	Long.	1	-	1	2
7	Physiotherapy Service In Hospital & Community.	PT-SERV-127	Long.	2	-	1	3
8	Musculoskeletal System	PT-MSK-128	Long.	3	1	2	6
9	Biostatistics	ME-STAT-117	Long.	1	1	-	2
Total			16	17	3	4	24

Examination of longitudinal courses (+re-sits) 2 week

SUMMAR 1: Medical records and data collection (ME-SUM-131) 2 CHs

Elective (E-132): A 1000 -word report on "Internet Sources of Health Sciences" 1CH

#### FIRST YEAR PROGRAMME EVALUATION

### Semester 3 [20 CHs- 18 weeks]

	Title	Code	Weeks	Units			CH
				Th	Tut	Prac	
1	Cardiovascular and respiratory system	PT-CVRS-213	5	3	-	2	5
2	Nervous system and special senses	PT-NEURO-218	5	3	-	2	5
3	Clinical and sport massage	PT-MASS-223	Long.	1	-	1	2
4	Physical education principle	PT-PEPR-227	Long.	1	-	1	2
5	Medical terminology-2	PT-TERM-217	Long.	2	-	-	2
6	kinesiology and Biomechanics	PT-KINS-224	Long.	1	1	-	2
7	Professional skills-1	PT-SKILL-211	Long.	1	-	1	2
			16	12	1	7	20

Examination of longitudinal courses (+re-sits) 1 week

### Semester 4 [18 CHs- 18 weeks]

	Title	Code	Weeks	Units			CH
				Th	Tut	Prac	
1	Principle of disease	ME-DIS-212	5	4	1	-	5
2	Posture and posture education	PT-POST-228	8	2	-	-	2
3	Professional skills-2	PT-SKILL-221	Long.	1	-	1	2
4	Gymnastics	PT-GYM-316	Long.	1	-	1	2
5	Ergonomics	PT-ERGO-226	Long.	2	-	-	2
6	Therapeutic exercise	PT-EXER-225	Long.	2	-	1	3
7	Biochemistry and physiology of exercise	PT-BIO-CHEM-222	Long.	2	-	-	2
			16	14	1	3	18

Examination of longitudinal courses (+re-sits) 2 week

SUMMAR 2: Research methodology and scientific writing (ME-SUM231) 2 CHs Elective (E232): Draw a map of health services in one Mu'tamadiya 1 CH

SECOND YEAR PROGRAMME EVALUATION

**Semester 5 [16 CHs- 18 weeks]**

	Title	Code	Weeks	Units			CH
				Th	Tut	Prac	
1	Community medicine and public health	PT-COM-312	2	2	-	-	2
2	Professional skills-3	PT-SKILL-311	Long.	1	-	1	2
3	Sport injuries and therapy	PT-SPORT-314	Long.	1	-	1	2
4	Orthopedic physiotherapy	PT-ORTHO-326	Long.	2	-	2	4
5	Rehabilitation	PT-REHAB-317	Long.	1	-	1	2
6	Electrotherapy and PT equipment	PT-EQUIP-315	Long.	2	1	1	4
			16	9	1	6	16

Examination of longitudinal courses (+re-sits) 1 weeks Repeat courses or examinations for late comers and failures.

**Semester 6 [19 CHs- 18 weeks]:**

Examination of longitudinal courses (+re-sits) 2 weeks

	Title	Code	Weeks	Units			CH
				Th	Tut	Prac	
1	Basic pharmacology	PT-PHAR-MA-318	Long.	3	-	-	3
2	Geriatrics care	PT-GER-321	Long.	2	-	-	2
3	Neurological physiotherapy	PT-NEURO-322	Long.	2	-	2	4
4	Pediatrics physiotherapy	PT-PED-323	Long.	2	-	2	4
5	Physiotherapy for intensive care patient	PT-ICU-324	Long.	1	-	1	2
6	Physiotherapy in cardiorespiratory clinic	PT-CVRS-325	Long.	2	-	2	4
			18	12	-	7	19 CHs

**Semester 7 [20 CHs- 18 weeks]:**

	Title	Code	Weeks	Units			CH
				Th	Tut	Prac	
1	Hydrotherapy and SPA training	PT-HY-DRO-415	Long.	1	-	1	2
2	Research Methodology	PT-RESE-418	2	2	-	-	2
3	Ophthalmology and PT training*	PT-OPTAL-413	2	1	-	1	2
4	Health Economics and Hospital Management #	PT-HM-411	2	2	-	-	2
5	Prosthetics and orthotics	PT-ORTH-417	4	2	-	2	4
6	Physiotherapy and imaging	PT-RAD-416	2	1	-	1	2
7	ENT physiotherapy	PT-ENT-414	2	1	-	1	2
8	General PT lab and electrotherapy	PT-LAB-412	Long.	-	1	3	4
			18	10	1	9	20

Examinations (1 weeks)

**Semester 8 [13 CHs- 16 weeks]:**

	Title	Code	Weeks	Units			CH
				Th	Tut	Prac	
1	Primary Health Care	PT-PHC-421	2	2	-	-	2
2	Case Work Up and Presentation	PT-CASE-423	Long.	2	-	2	4
3	Training In PT Lab and Electrotherapy *	PT-ET-422	Long.	-	-	4	4
4	Graduation Project	PT-GRAD-424	Long.	-	-	3	3
			16	4	-	9	13

Examinations (1 week)

**IMPORTANT**

It is the students' responsibility to find out the methods of acquiring Competencies listed in the objectives of each course. Staff is available to guide them. Each student is assigned an academic and social advisor who should be consulted and given all information about a student's academic and social problems, if there are. Even excellent students need their advisors for elective supervision and career choices

## COURSE OUTLINE

Detailed behavioural objectives, skills, assignments and problems are listed in each course book. The lists are too extensive to be included below:

Semester 1, Preliminary Courses (University Requirements)

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
PHYSICS FOR MEDICAL EQUIPMENTS AND INVESTIGATIONS (MEDICAL PHYSICS)	ME-PHYS-115	1/Longitudinal	2

The basic principles of general physics are important for understanding certain mechanisms that take part in the human body, and also, the technical background of many medical types of equipment. A medical professional is often confronted with a method of investigation or inter-vention that is based on physical or mechanical process in the human being and he/she has to deal cautiously with the machine and use it correctly considering its proper maintenance and patient's and worker's safety. These include physical chemistry, gas laws, physics of light and sound, and radiation. The details of the contents include; (1) physical quantities and units, (2) measurements techniques, (3) gases and gas laws, (4) waves, (5) optics, and (6) radiation.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
ENGLISH LANGUAGE-1& 2	ME-ENG-113+123	1and 2 /Longitudinal	3 + 3

The sources of health information in the World are still in English. The Internet navigation to obtain information is basically in English. Some of the patients, attending clinics in Sudan, may only speak English language, especially with open-up of borders with economic development and of globalization.

Passing the English language examination is an essential entry requirement to universities in Sudan. The general objectives of this course include: (1) correct pronunciation of medical terms, including those related to health services in the country, (2) correct reading and showing understanding of texts from medical books, (3) expressing one's self in good English describing his daily activities, career ambitions, present problems in health and current attempts at management, and (4) translating some pieces from English to Arabic, and three others from Arabic to English, both sets from medical literature.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
COMPUTER SCIENCE-1&2	ME- COMP-116+124	1and 2/Longitudinal	2+2

Most of the textbooks of medicine and allied sciences are available on CDs, in which a large volume of knowledge is saved and easily retrievable. There are many software packages demonstrating methods and techniques in clinical skills including patient rapport in history taking, clinical examination, investigations and management. Students and teacher can access the internet for the unlimited sources of health information,

both at their professional level and public level for health education. Students and future PT professionals are educators who have to prepare smart documents and presentations for the health team and profession at large. Knowledge of programmed like Word, Excel, and PowerPoint are indispensable for anyone learner or teacher. Computer is important for students both in the developed or developing world, more so for the latter, who might not have inherited voluminous libraries in their colleges and have to utilize the virtual libraries available all over the world. Medical journal as hard copies are difficult to be owned by one institution, now almost all are available on-line for those who can use the computer efficiently. The course is intensive focusing on the basic principles of computer electronics and applications relevant to health science education. This is mainly on the hand-on experience in dealing with famous programmed like DOS, Word, Excel, PowerPoint, Access and Internet Explorer. The use of CDs is stressed covered as well as having e-mails and navigating the internet for health information including how to access medical journals, and communicate with scientists worldwide.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
MEDICAL TERMINOLOGY-1 & 2	PT-TERM-125 + 217	1 and 3 / longitudinal	2+2

To study medicine and often health sciences, the student should be familiar with the rules of medical language. This course prepare the students with the clues to formation and understanding words that describe the human body, it's component, conditions and functional process in specific way the course is appropriate for health care administrations as well as health sciences students.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
CELL BIOLOGY	PT-CELL-110	1 /Longitudinal 16 weeks	3

This course provides the basic concepts of life science, with emphasis on diversity of life, the form and function of the cell .Students will gain general knowledge about the introductory topics and theories needed to develop an in-depth understanding of cell biology

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
GENERAL CHEMISTRY	PT-CHEM-111	1 /Longitudinal 16 weeks	2

This is a 16 week's longitudinal courses focus on basic general chemistry, organic chemistry and analytical chemistry. General Chemistry is intended to serve as a broad introduction to a variety of concepts in chemistry. It is typically introduce concepts such as reaction product, chemical kinetics. Aim of teaching of this course is to give the students an overview of deferent topic of basic general chemistry and basic organic chemistry in details, the student learn about Atomic Structure , Structure of atoms (electrons, protons, neutrons) and isotopes, fourth quantum numbers, principle, secondary, magnetic and spin quantum number, electron configurations.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
BASIC BIOCHEMISTRY	ME-BIOC-118	1/Longitudinal	2

A Longitudinal course I in Semester 2, to include: atomic structure, chemical bonding, chemical reactions, anabolism and catabolism, molecular formulae, solutions and solubility, morali-

ty, modality, normality and molar fraction, acids and bases, buffers, hydrocarbons, isomerism, introduction organic compounds, classification of aliphatic and aromatic hydrocarbons, their properties and reactions; Aldehydes and ketenes, alcohols, phenols and ethers acids and amines benzenes and their derivatives; carbohydrates, lipids and proteins, vitamins and enzymes and coenzymes, carbohydrates, lipids, proteins, phospholipids, cholesterol, nucleic acids, nitrogen bases, enzymes and co-enzymes.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
GENETICS & MOLECULAR BIOLOGY	ME-GET-119	1 / longitudinal	2

The course describes the flow of information from DNA to mRNA to proteins, as well as the role of molecular genetics in the investigation and understanding of disease processes such as inborn errors of metabolism and cancer as well as utilization of such knowledge in treatment and follow up to protein. The open future of this new aspect of science will be introduced.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
HUMAN BODY STRUCTURE AND FUNCTION	PT-NAT-126	1 / longitudinal	6

Humans continuously affect their environment and are affected by it. Throughout history, humans have changed their environment through hunting, farming, mining, and introducing new animal species with them as they traveled to new lands. The availability of specific nutrients, in the local environment changes the physiological characteristics of humans, i.e. improved nutrition in developed countries has increased the height of Man. The milieu interieur, or the internal environment, is formed of the body systems working in harmony to achieve homeostasis, a state of equilibrium of all influences, including the external environment. The body can lead a disease free life, or be crippled by disease, mostly from failure of this equilibrium. Man cannot be separated from his environment. His mental state is closely linked with his surroundings (physical, biological and social) and the extent of his adaptation and tolerance to these surroundings.

## Semester 2

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
Biochemistry (Metabolism)	PT-BIO-121	2 / Longitudinal	2

This is a 15 weeks longitudinal course. This course includes the study of metabolism such as (1) Carbohydrates, lipids, proteins and nucleic acids metabolism, as well as the study of (2) Vitamins function (3) Metabolic Effects of Insulin and Glucagon (4) Diabetes Mellitus (5) Obesity (6) Biotechnology and Human Disease.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
BEHAVIOURAL SCIENCE	ME-BEHAV-129	2 / Longitudinal	2

A two-week block during Semester 1, to include: (1) introducing psychology, psychoanalysis, de-

fense mechanism manifesting as behaviours, (2) role of stress in the etiology of physical and psychological illness, (3) coping with loss, grief and death, (4) biological basis of behaviour {catecholamine's, dopamine, neurotransmitters, neuropeptides, (5) cultural considerations in medical practice, (6) family structure and dynamics in health care, (6) health and illness behaviour, (7) personality, (8) terminology of psychiatric disease, (9) medical bases of substance and drug abuse.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
INTRODUCTION TO MEDICINE AND MEDICAL EDUCATION	ME-EDU-114	2/Longitudinal	2

This is a (2 CHs) Longitudinal, starting with a simple medical problem that emphasize the managing and message of health, health care delivery system in the country, the role of the physician in health care, role of other professional and administrative staff, priority health problems, concepts and principles of learning, adult education and learning, student centred and problem-based learning, instructional techniques (lecture, small group etc), student assessment methods, holistic approach, interdisciplinary and partnership concepts, curriculum development, programme evaluation, leadership and professional ethics. Students are divided to groups to spend a week in a health facility, hospital theatre, hospital outpatient, health centre, various directorates and departments of Federal and State Ministries of Health, etc.. Meanwhile students are given discussion sessions on group dynamics and instructional methods, at the end of the course the groups present their field activity using a suitable audiovisual technique. Evaluation assesses the knowledge and attitudes of the students in these three Areas: health system, group dynamics and instructional methods.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
INTRODUCTION TO MEDICAL ETHICS	PT-ETHIC- 313	2 / Longitudinal	2

The student should show an understanding of the (1) history of medicine; before and during the Islamic era, (2) the role of the Moslem scholars in the practice of medicine, research and medical ethics, (3) the milestones of medical education in the Islamic era, (4) the fight of illness and the sick, the religious regulations concerning treating the sick person, how does the sick person performs his rituals: cleanliness, prayers, fasting, pilgrimage? Also, (5) the visiting of sick person, (6) managing a death episode, (7) the religious conduct when males are managing female disease and vice versa, (8) the emerging controversial ties of vitro fertilization, transplantation, brain death, cloning, genetic engineering. Students should be aware of the (9) Fight of health preservation including cleanliness, sleep, moderation in eating and drinking, the jurisprudence of toxic substances and narcotics, infectious diseases, breast feeding, consanguinity marriage, quarantine, death and funerals, dissection of human body for teaching and law, (10) medical behaviour, professional ethics, responsibility of a health professional, (11) issues in protection of acts of a health professional and (12) giving an expert witness at court.



<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
PHYSIOTHERAPY SERVICES IN COMMUNITY & HOSPITALS	PT-SERV-127	2 / Longitudinal	3

The aim of this course is mainly to introduce electro- hydro-, heat-, light- and mechanotherapy methods and their application for different diseases and injuries, beside paying visits to a number of some PT centres. This will give theoretical and practical knowledge of the various modalities used in physical therapy After the course the student must be able to decide independently in which cases the physical therapy methods are useful and how to use them, with basic practical skill knowledge of such use of suitable equipments. Then after that he has to, (1) list the health facilities provide ing physical medicine services in the Country,(2) list the various modalities used to provide physical treatments (3) describe the equipments available in the PT centres, (4) outline the physical basis, and the ill- nesses which require the physiotherapy intervention, (5) discuss the qualifications of the phys- iotherapists and (6) prepare assignments on the above topics. These objectives are achieved through visits, questionnaires and discussions.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
MUSCULOSKLETAL SYSTEM	PT-MSK-128	2 / Longitudinal	6

the structural and functional details on bones, muscles, nerves and joints, physiology of excitable tissues, processes of muscle contraction, disruption in continuity of bone and methods or restoration of bone function, complications of bone fractures, calcium me abolish, bone infections, inflammation and degeneration in joints, bone and muscle tumors, living anatomy or bony landmarks of musculoskeletal system, examination skills of musculoskeletal system, musculoskeletal pain, and essential drugs used in musculoskeletal disorders, road traffic accidents and their impact on individual, family and community (outline).

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
BIOSTATISTICS	ME-STAT-117	2/Longitudinal	2

A Longitudinal course basic statistics as applied to health, to include: introduction to statistics, probe abilities, data summary, presentation; measurement of central tendency; interpretation of variation (dispersion), population means, normal distribution; confidence interval, frequency distribution, sampling techniques, calculation and interpretation of the concept of confidence interval, the concept of p-value and its interpretation, the normal and skewed frequency distribution of biomedical data, and apply the appropriate test of significance for a given data set and a given research methodology (using t test as an example).

**Semester 3**

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
CARDIOVASCULAR & RESPIRATORY SYSTEMS	PT-CVRS-213	3 / Block 6 weeks	5

This is a six-week block in Semester 3, to include both the respiratory and cardiovascular systems, mainly: {1} describing the anatomy of the thoracic cage, muscles, diaphragm, upper and lower Respiratory tract (including nasal cavity, larynx, trachea, bronchial tree, lungs, pleura), mediastinum, mechanism of respiration, as well as the anatomy, histology and development of the heart and vessels {2} physiological and biochemical bases of normal lung functions and volumes, gas exchange in lung and tissues, gas transfer, heart functions, cardiac muscle physiology, electrical activity, normal ECG tracing, cardiac cycle, cardiac output, regulation of BP, {3} pathological and microbiological aspects.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
NERVOUS SYSTEM AND SPECIAL SENSES	PT-NEURO-218	3 / Block 5 weeks	5

This is a 5-weeks course that covers the basic and clinical sciences of the nervous system including the special senses, all integrated with the necessary skills, around common problems. The content detailed in the comprehensive objectives below includes the anatomy of the central nervous system, peripheral and cranial nerves and plexuses, autonomic nervous system, their histological and developmental features, their junctions, common problems, methods of examining the systems, diagnosis, management and prevention

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
CLINICAL AND SPORT MASSAGE	PT-MASS- 223	3/ Longitudinal	2

The aim of this course is to introduce the theoretical and practical knowledge of different massage elements, their indications and contraindications, and the physiological, psychological and emotional effects of professional massage. The students study massage in sports, in injury prevention and in clinical setting relieving symptoms in pathological conditions.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
PHYSICAL EDUCATION PRINCIPLES	PT-PEPR-227	3/ Longitudinal	2

This course is a study of basic theories and therapeutic application of exercise. Emphasis is given to the principles of therapeutic exercise, the appropriate use of related equipment, definition of physical education & physical fitness, risks of sedentary life style, and exercise prescription.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
KINESIOLOGY AND BIOMECHANICS	PT-KINS-224	3 / Longitudinal	2

This Longitudinal course provides the student with quantitative and qualitative analysis of human movement in relation to mechanical effects. It includes both anatomical and mechanical issues integrated. The student should: (1) show awareness of the literature in the area of bio-mechanics, and a preliminary ability to interpret and evaluate selected research in this area,

(2) discuss the morphology and functions of muscles and muscle groups in the human body, (3) describe the biomechanical principles of human motor performance, and (4) enumerate and identify the instruments used in study of bio-mechanics.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
PROFESSIONAL SKILLS-1,2,&3	Pt-SKIL-211, 221, 311	3, 4, &5 / Longitudinal	2+2+2

This course will introduce the student to the theoretical and practical principles and concepts for a standard assessment and evaluation of a person's motor function. The students will learn how to approach a patient, take a case history and do a basic assessment. They will learn how to evaluate the findings of the assessment and how to put goals based on it. They will learn how to make a functional diagnose according to ICF. The course also introduces Basic Biomechanics of the Musculoskeletal System. It also emphasizes oral communication skills to health professionals, including physiotherapists for greater personal and professional confidence, in community physiotherapy service management or owners and managers of such setups. It consists of small study groups presenting real life situations and role play. It includes communication skills and physiotherapy laboratory skills. Those are the skills necessary for equipping and running a physical therapy laboratory.

## Semester 4

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
PRINCIPLES OF DISEASE	ME-DIS-212	4 / Block 5 weeks	5

Pathology is considered the basis of disease. This block on Principles of Disease is, therefore, a vital one since its main objective is to provide students with sufficient knowledge of basic concepts of pathology and microbiology with some inputs from molecular biology and pharmacology. The need for this block is to precede the integrated blocks on 'systems' is therefore quite obvious. Basic concepts of processes like infections, inflammations and neoplasia which cause most of the morbidity and mortality in the world are introduced in the block to prepare the ground for the more in depth study of the various organ systems of the body. This is a five-week block on general pathology and microbiology to include: (1) general histology, (2) morphology, classification, staining reactions, and pathogenicity of bacteria, viruses, fungi, (3) sterilization and disinfection, (4) basic concepts in immunity, (5) principles of inheritance, introduction to molecular biology, and genetic defects underlying inherited disorders. (6) General pathology of inflammation, neoplasia and abnormal cell growth, (7) parasites and parasitic diseases, (8) anti microbial and anti-parasitic drugs.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
POUTURE AND POSTURE EDUCATION	PT-POST-228	4 / Longitudinal	2

In this 2CHs Longitudinal course the student will learn about the physique of man who has been created in a best forma, and learn the negative effects of the environments, and his behavior on it, and how to handle this in its correction.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
GYMNASTICS	PT-GYM-316	4 / Longitudinal	2

The aim of this course is to provide students with theoretical knowledge and practical skills for teaching and practicing gymnastics, s t u d y i n g the main elements of gymnastics, enhancing special physical preparation level, studying the terminology for describing exercises and developing the skills of anticipating injury and outline the methods of management including suggestions on preventions and changes in the details of the sport itself.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
ERGONOMICS	PT-ERGO-226	4 / Longitudinal	2

This is a Longitudinal course Subject that introduces students to the study of designing objects to better adapted to the shape of the human body and/or to correct human posture, through the use of scientific information. This may be mainly related in seating in work chairs and desks and car seats, but it involves the design of objects, systems and environment for human use, including sports and leisure, and utilizes many disciplines like anatomy, physiology, orthopedics, psychology and design. The final product details and fitness for target user is one of the major objectives of this course.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
THERAPEUTIC EXERCISES	PT- EXER-225	4 / Longitudinal	3

This Longitudinal course consists of the wide variety of therapeutic exercises to assist patients regaining function after injury or disease. The student should apply systematic implementation of planned physical movements, posture and activities to: (1) prevent impairment, (2) enhance function, (3) enhance fitness and well-being, The student should acquire the skills necessary to develop exercise programmed that not only address pain and current disability, but protect vulnerable system or region and prevent anticipated sequelae of the injury or disease process.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
BIOCHEMISTRY & PHYSIOLOGY OF EXERCISE	PT- BIOCHME-222	4 / Longitudinal	2

The aim of this course is to introduce the alterations which take place n the human body in response of exercise and the benefits or contraindications of exercise. Such aspects include

muscle blood flow, systemic circulatory changes and heart disease, temperature regulation and training, a general outline of bioenergetics and the role of AT It may include the biochemical and hematological values and causes of their change.

## Semester 5

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
COMMUNITY MEDICINE & PUBLIC HEALTH	PT-COM-312	5 / Block 2 weeks	2

This two-week-clerkship provides students with elements of community physiotherapy service. The student should: (1) enumerate the types of domiciliary services for adults with physical health difficulties, (2) coordinates with fellow students, physiotherapists and other professionals (particularly the general practitioner) offering home or hospital care for the patient, (3) assist in treatment required for physical difficulties, mobility, pain and chest problems, (4) enumerate conditions that may be managed as outpatients, (5) show understanding, and ability to execute, mobilization techniques and operate relevant apparatuses, (6) show understanding of specific exercise therapy and electrotherapy, and use them.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
SPORT INJURIES AND THERAPY	PT-SPORT-314	5 / Longitudinal	2

The aim of this course is to handle the basics of recreational and professional sports and its applications and training methods in different sport events. It surveys the organization of both types of sports considering gender and age aspects, including the biological basis of recreation, programmed for weight regulation, types of injuries resulting from all and the suitable stationary and ambulatory therapy services. It included also the specialty-related knowledge in sports medicine at large. It may also include safety precautions and organization of recreation in training camps.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
ORTHOPEDIC PHYSIOTHERAPY	PT-ORTHO-326	5 / Longitudinal	4

The aim of this course is to review the theoretical basic scientific knowledge and provide practical skills on musculoskeletal physiotherapy During the course students see a large number of cases and attend clinical assessments of patients needing physical therapy, see and discuss the choice of a physical modality and monitor the effect of management on the patient The student will have a log book to assure completion of certain tasks, fulfillment of specific objectives on practical skills.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
REHABILITATION	PT-REHAB- 317	5/ Longitudinal	2

This is Longitudinal course that cares for methods of restoration of body function through physical therapy. It includes: (1) considering function during treatment, (2) constructing after care schedule of checks, (3) teaching of appropriate behaviour that restores shape and action, (4) utilization of community physiotherapy service.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
ELECTROTHERY & PT EQUIPMENT	PT-EQUIP-315	5/ Longitudinal	4

The aim of this course is to expand on the various modalities presenting equipments used the terminology and manufacturers of major units and the cost effective methods used for equipping stationary and ambulatory private service clinics in hospitals, recreational sport facilities, professional sport halls, hospitals, primary health care units and homes.

### Semester 6

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
PHYSIOTHERAPY FOR INTENSIVE CARE PATIENTS	PT-ICU- 324	6/ Longitudinal	2

This is a long-clerkship caring for patients in the ICU for any reason. Such patients remain for some time, usually with limited movements and activities, and connected to a system of tubes and equipments. The student should: (1) enumerate the conditions in the ICU, (2) the consequences of being in an ICU for a long time in each of these conditions, (3) the physical management that suits each case and helps in healing of the original ailment and future restoration of function, (4) the team work and coordination with other health professional working on the patient in the ICU, and (5) the specific methods in physiotherapy used in each case where tube and equipments are connected to the patient.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
NEUROLOGICAL PHYSIOTHERAPY	PT-NEURO- 322	6 / Longitudinal	4

The aim of this clerkship is to give a survey of possibilities for treatment and rehabilitation of patients with neurological diseases, and survey the possibilities of applying physiotherapy methods in cases of peripheral and central nervous diseases. The student spends most of the time in neurological and neurosurgical wards, classifying problems that require management and aftercare policy. These include: headache, monoplegia, hemiplegic, quadriplegia, peripheral nerve injury, spondylitis, backache, parkinsonism, ataxias, etc.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
PEDIATRIC PHYSIOTHERAPY	PT-PED- 323	6/ Longitudinal	4

The aim of this course is to strengthen theoretical background and offer practical skills on physiotherapeutic management of sensory and motor deficits, developmental disorders and functional limitations occurring with diseases in infancy and childhood. These conditions include cerebral palsy, neuromuscular diseases, juvenile chronic arthritis, bronchial asthma. It requires also giving first aid in critical situations of seizures, fever and acute attack of bronchial asthma and bronchiectasis.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
BASIC PHARMACOLOGY	PT-PHARMA-318	6 / Longitudinal	3

In this 2CHS longitudinal course the students will learn some of the most important basic pharmacological facts needed for studying and understanding the nature and the resourced of the commonly used drugs pharma and their Preparation and their dosage forms, which are used to treat the common diseases. It introduces the student to the basic facts related to nature of drug the interaction between lining organization and drugs mode of effect, dosage action, interactions, direct effects, side effects and precautions to avoid the hazards of their work with them.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
PHYSIOTHERAPY IN CARDIORESPIRATORY CLINIC	PT-CVRS -325	6/ Longitudinal	4

The aim of this course is to introduce theoretical and practical knowledge on internal diseases in the chest that require physiotherapeutic intervention, and that respond to such treatment or to any other means of rehabilitation in cardio respiratory diseases and the CCU problems, chest problems particularly bronchiectasis, pneumonia, bronchial drainage, respiration training, chest pain, and post-traumatic pain.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
GERIATRIC CARE	PT-GER- 321	6 / Longitudinal	2

The aim of this course is to introduce specific skills in geriatric medicine related to physical therapy, and to handle the relations between physical activity and age, including the dynamics of changes in human organism with age and age-related characteristics features and capabilities, and the adaptations a physiotherapist has to make in his/her understanding of problems and the methods and techniques used in management and rehabilitation.

## Semester 7

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
HYDROTHERAPY AND SPA TRAINING	PT-HYDRO-415	7 / Longitudinal	2

The use of water for treatment has been known for more than five thousand years in the old Egyptians, Greece and roman civilization. As an alternative system of healing, hydrotherapy is the oldest, safest and cheapest method of treatment. It is easy to use in all forms as vapor, liquid or solid. It markedly relieves pain, reduces swelling, inflammation and treats a variety of ailments.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
RESEARCH METHODOLOGY	PT-RESE-418	7/ block - 2 Weeks	2

This is a two-week- block, which focuses on the synthesis of professional knowledge, skills, and attitudes in preparation for professional employment and lifelong learning. Students are

trained to perform small research projects in one of the physiotherapy topics that enable them to collect data, review literature, obtain results and discuss their findings in the form of presentations. The student should: (1) describe research methodology listing elements of research, (2) collect up to date information on a particular topic, using proper sampling techniques (3) execute a small research project and analyze obtained data, (4) discuss the significance of the results obtained and research conclusions, and (5) write down a research paper, and (6) present his findings in front of the class and discusses it with his colleagues and staff..

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
OPHTHALMOLOGY AND PT TRAINIG	PT-OPTAL-413	7 / block - 2 weeks	2

In this course the student should learn the movement of the eye ball ( muscles and nerves) and physiology of extra ocular muscles.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
HEALTH ECONOMICS AND HOSPITAL MANAGEMENT	PT-HM-411	7/ block - 2 weeks	2

This two-week-clerkship addresses the increasing role of health economics in intoning deci- sion making in health systems worldwide. The student should: (1) define health economics, (2) describe the econometric methods of research, (3) discuss microeconomics for decision-mak- ing and policy analysis in health, (4) de- scribe clinical decision analysis, (5) basics of adminis- tering a physiotherapy unit.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
PROSTHEICS AND ORTHOYICS	PT-ORTH-417	7 / block - 4 weeks	4

The political instability in a number of African countries led to local disputes and wars. Sudan is one of these countries suffering war for more than 50ys. During these wars millions of mines had been buried mainly in the lands where civilians move and many of them became victims to those mines and losttheir limbs, mainly the lower extremities.

In addition to this Sudan is a mycetoma - Madura region, which affect many people (peasants & farmers) ending up with amputation of the affected limb.On the other hand, complications of certain diseases such as diabetes mellitus, osteomyelitis, arterial insufficiency in the lower limbs, and the much rising the road traffic accidents, may all lead to the loss of the lower limbs. All these patients ending with amputated limbs will require substitute with artificial ones. And this in turn, requires comprehensive physiotherapy rehabilitation.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
PHYSIOTHERAPY AND IMAGING	PT-RAD-416	7 / block - 2 weeks	2

The practice of physiotherapy requires a good experience in reading radiological images and using the findings to plan management and follow up for the patients. This course explores the basic principles of radiological imaging.



Title	Code	Semester/Duration	Credits
ENT PHYSIOTHERAPY	PT-ENT-414	7 / block - 2 weeks	2

The treatment of hearing impairments, deafness and the dumb, mainly in childhood, has witnessed great advances with the development of ENT surgical technologies, and cochlear implantation. This surgery has to be followed by a precise speech therapy programme guided by a well-trained speech therapist or a physiotherapy technologist.

Also, there is a number of ENT problems associated with defects in speech and articulation problems caused by neurological diseases that needs treatment intervention by the physiotherapy technologist.

Title	Code	Semester/Duration	Credits
GENERAL PT LAB AND ELECTROTHERAPY	PT-LAB-412	7 / Longitudinal	4

In this course, the students will work supervised in a physiotherapy department to learn the practical methods for managing the department and provide physiotherapeutic services to patients.

## Semester 8

Title	Code	Semester/Duration	Credits
PRIMARY HEALTH CARE	PT-PHC-421	8/ Block 2 weeks	2

This four-week clerkship, two hours per week during Semester 7, that introduces the student to the front line of medical care where the patient presents for the first time. The student should:

(1) show understanding of the healthcare system, (2) describe the range of primary health care services, (3) enumerate the conditions requiring physical therapy at the level of the health centre, (4) list the faculties for physical therapy that should be available at the PHC.

Title	Code	Semester/Duration	Credits
CASE WORK UP AND PRESENTATION	PT-CASE-423	8 / Longitudinal	4

This course is a review for genuine cases which commonly present to physiotherapy clinics.

Title	Code	Semester/Duration	Credits
TRAINING IN PT LAB AND PRESENTATION	PT-ET-422	8 / Longitudinal	4

This course is an approach to electrotherapy from a practical perspective. It takes the basic information about electrotherapy and applies it to practical scenarios encountered by physiotherapists on a daily basis.

<i>Title</i>	<i>Code</i>	<i>Semester/Duration</i>	<i>Credits</i>
GRADUATION PROJECT	PT-GRAD-424	8 / Longitudinal	3

A topic relevant to physiotherapy practice, selected through student-supervisor consultation, and submitted at the end of the semester.

**NOTE:**

THE DIPLOMA PROGRAMME IS Similar TO THE BACHELOR 'S EXCEPT THAT THE THEORETICAL PHASE 2 COURSES ARE REDUCES TO ONE SEMESTER, AND THE REST OF THE PERIOD IS THE CLERKSHIP WHICH INCLUDES MORE PRACTICAL SKILL TRAINING {SEE DETAILED OBJECTIVES OF THE COURSES}.



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