# THE INTESTINAL PROTOZOA

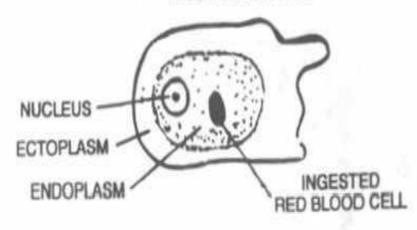
ENTAMOEBA HISTOLYTICA
GIARDIA LAMBLIA
TRICHOMONAS VAGINALIS

# Entamoeba histolytica

- Is the causative agent of amoebic dysentery; infection transmitted via the faecal-oral route.
- It moves by pseudopodia

#### NORMAL HOST

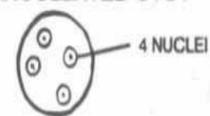
#### Entamoeba histolytica TROPHOZOITE



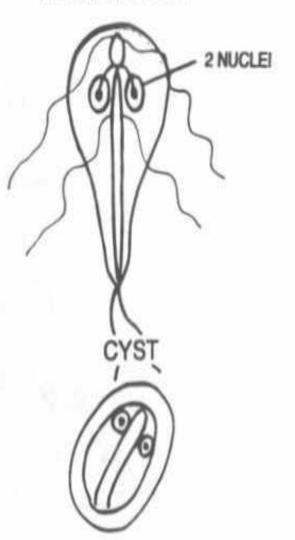
#### **BINUCLEATED PRECYST**



#### TETRANUCLEATED CYST



#### Giardia lamblia TROPHOZOITE



- ► E. histolytica exhibits only two morphological forms: the **trophozoite** and **cyst** stages.
- Trophozoites are actively motile.
- The cyst is spherical, with a thin transparent wall. Fully mature cysts contain four nuclei.

In contrast to the fragile trophozoite, mature cysts can survive environmental temperatures up to 55°C, chlorine concentrations normally found in water supplies, and normal levels of gastric acid.

# pathogenesis

- Ingested cysts from contaminated food or water form trophozoites in the small intestine
- These pass to the colon, where they feed on intestinal bacteria and may invade the epithelium, potentially inducing ulceration
- The parasite can further spread to the liver and cause abscesses
- ▶ In the colon, trophozoites form cysts that pass in the feces.

This results in abdominal pain, a couple of loose stools a day, and flecks of blood and mucus in the stool. The infection may become severe, with bloody, voluminous diarrhea.

## Diagnosis

- ► The stool is examined for the presence of cysts or trophozoites.
- ▶ Up to 80% of infections due to *E. histolytica* are asymptomatic. These asymptomatic cyst-passers are a source of infection to others and may not be detected.

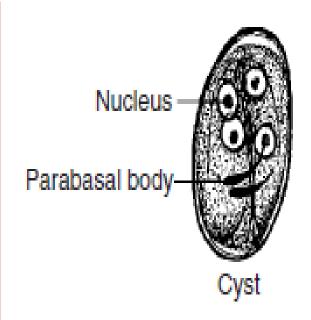
## Prevention & treatment

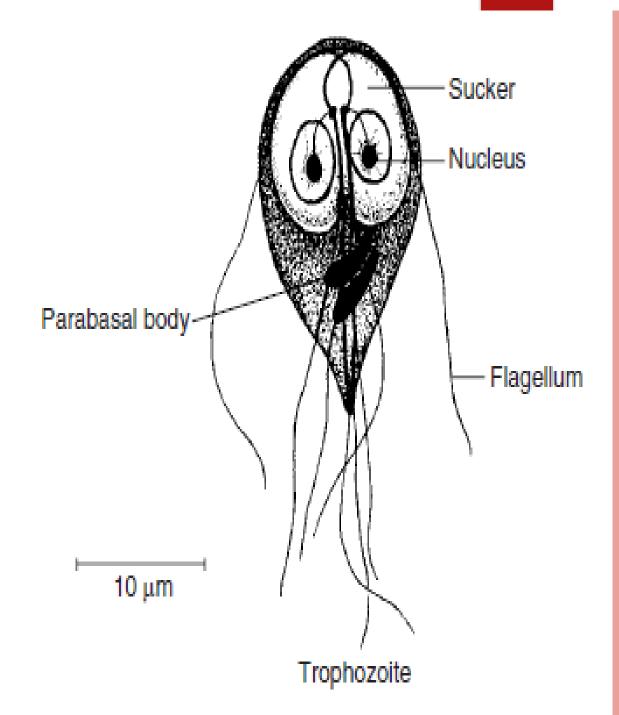
- Prevention rests on good sanitation: proper disposal of sewage and purification (boiling) of water.
- ► Treatment: metronidazole (flagyl®).

### Giardia lamblia

- Giardia lamblia is the causative agent of giardiasis a severe diarrhoeal disease.
- The most common route of spread is via the faecaloral route, although spread can also occur through ingestion of contaminated water.

- Giardia possesses both a trophozoite and a cyst form
- When viewed from the top, the trophozoite has two nuclei and central parabasal bodies give it the appearance of a face with two eyes and mouth with four pairs of flagella.





#### **GIARDIASIS**

- Giardiasis is most often symptomatic.
- When disease occurs, it is in the form of diarrhea lasting up to 4 weeks with foul-smelling, greasy stools. Abdominal pain, nausea, and vomiting are also present.
- Disease manifestations appear related to intestinal malabsorption, particularly of fat and carbohydrates
- Giardia do NOT invade the intestinal wall, there is NO blood in the stool!!!

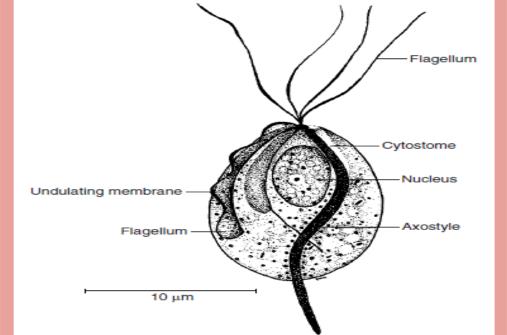
# Diagnosis & treatment

- For diagnosis and control of Giardia: Examination of stool for cysts or trophozoites.
- Treat these patients with metronidazole

# Urogenital protozoa

- Trichomonas vaginalis: is transmitted sexually and hangs out in the female vagina and male urethra.
- ► The trophozoite of *Trichomonas vaginalis is* flagellated.
- There is no cyst form in the life cycle of Trichomonas

A female patient with this infection may complain of itching (pruritus), burning on urination, and copious vaginal secretions.



# Diagnosis & treatment

Diagnosis of Trichomonas:

Microscopic examination of vaginal discharge and urine reveal *Trichomonas vaginalis*.

Treat these patients with metronidazole

